



Groceries Like Home!

EASTER

Magazine



**THE #1
SUPERMARKET
IN ARUBA**

For more information please call (297) 521-2370
Open Monday to Saturday from 8am to 9pm.
Sunday from 8am to 6pm • www.lingandsons.com

WiFi IN STORE!
 **LIKE US ON
Facebook**

EGG Stravaganza

SHOPPING SPREE



GET A CHANCE TO
**WIN A 90 SECOND
SHOPPING SPREE**
AT LING & SONS THIS EASTER!



**ALSO WIN BONUS EXTRA!
30 SECONDS**

**WITH THE FORD ECOSPORT 2018
BONUS QUESTION:**

**HOW MANY GROCERY BAGS CAN YOU FIT
IN THE BACK OF THE FORD ECOSPORT?**



HOW TO PARTICIPATE?

Simply shop and receive a raffle ticket to participate with every \$50 avg.-purchase at Ling & Sons. Every week Ling & Sons will choose finalists who will participate for the top 5 spot to continue for the shopping spree contest.

For more information on the rules & regulations to win the shopping spree visit our facebook page. Campaign ends March 26th, 2018.

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Facebook**

OPENING



HOURS

GOOD FRIDAY, MARCH 30TH • CLOSED

SATURDAY, MARCH 31ST • OPEN FROM 8AM - 9PM

EASTER SUNDAY, APRIL 1ST • OPEN FROM 8AM - 2PM

EASTER MONDAY, APRIL 2ND • OPEN FROM 8AM - 6PM





ALL VIP CUSTOMERS

Get a chance to spin the wheel
with their purchase of 250 awg or more.

**Win
instant
prizes!**



EASTER FOOD

SHOW

On Monday March 26, 2018
from 6pm to 9pm

Free Tasting and Incredible Specials

Kids Activities and live DJ



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EASTER RECIPE

Ingredients

8 large eggs
1 medium avocado
1/4 tsp salt
1/8 tsp garlic powder
1/8 tsp cayenne pepper or less if you don't want spicy
dash nutmeg optional
dash turmeric optional
1 TBSP lemon juice
1 green onion chopped
dash paprika optional

Avocado Deviled Eggs

- Add the eggs to a pot of cold water. Bring the water to a boil. Remove from heat and cover pot completely.
- Let the eggs sit for 15 minutes, then pour out hot water and rinse eggs in cold water. Let them sit in cold water for a few minutes before peeling.
- Meanwhile, put the avocado in a bowl and mash well.
- Peel eggs. Slice eggs in half, and put 6 egg yolks in the bowl with the mashed avocado {discard the other two yolks}. Stir well to completely combine and mash the yolks and avocado together.
- Season with salt, garlic powder, and cayenne pepper {and optional nutmeg & turmeric, if using}. Add in the lemon juice and green onion. Taste and adjust seasoning as needed.
- Spoon mixture into the egg whites. Sprinkle with paprika if desired. Enjoy!





PRODUCE

Green Asparagus per kilo



FROM 13.95 AWG

12.95
Avg.

Orange Navel per piece



FROM 1.25AWG

0.50
Avg.

EASTER SPECIALS ARE VALID TILL APRIL 3RD 2018 OR WHILE SUPPLIES LAST. ALL PRICES ARE IN FLORINS EXCLUDING TAXES.



Fresh Organic
Coconut per piece

NEW!!



Lemonade Lemons
per bag

NEW!!



Red Delicious
Apples

6 FOR

FROM 5.75 AWG

5 Awg.



Pineapple US
per piece

FROM 5.95 AWG

4.95 Awg.



Orange Cara Cara
per piece

NEW!!



EASTER SPECIALS ARE VALID TILL APRIL 3RD 2018 OR WHILE SUPPLIES LAST. ALL PRICES ARE IN FLORINS EXCLUDING TAXES.



OUR FAMOUS HOME MADE SALADS

Crab Salad per 100 gr



FROM 2.41 AWG

1.99
Awg.

Potato Salad per 100 gr



FROM 1.60 AWG

1.29
Awg.

Chicken Curry Salad
per 100 gr



FROM 2.21 AWG

1.75
Awg.

Coleslaw Salad per 100 gr



FROM 1.91 AWG

1.49
Awg.





Kids Cupcake Decorating Contest



Bin decora cu nos Bakery Team!

WIN A TABLET!

EDAD 5-7 & 8-11 ANJA

Pa participa simplemente inscribi via nos **Facebook Page**
Ling & Sons lo scohe finalistanan pa participa

DIASABRA 31 DI MAART, 2018 DI 11AM - 1PM

Groceries Like Home!

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VEGAN SPECIALS



Veggemo Milk
All flavors 32oz

FROM 10.19 AWG

9.49
Awg.



Full Circle Almond Milk
1L

FROM 5.99 AWG

4.99
Awg.

Fresh vegan burgers
black beans/chickpeas per pack

FROM 13.99 AWG

12.99
Awg.



EASTER SPECIALS ARE VALID TILL APRIL 3RD 2018 OR WHILE SUPPLIES LAST. ALL PRICES ARE IN FLORINS EXCLUDING TAXES.







EASTER RECIPE

Ingredients

4 - 3oz Boxes of Jell-O
in different colors

14oz can of Sweetened Condensed Milk

2 Envelopes Unflavored Gelatin

1/2 Cup Cold Water

1 1/2 Cups Boiling Water

Egg Molds (for eggs) or a loaf pan
(for slices) or 9x13 glass pan (for squares)

Stained Glass Easter Jello Eggs

- Make Jell-O according to package directions. Pour into separate pans and let chill in fridge, at least 3 hours.
- Cut Jell-O into small blocks and mix flavors together. For Eggs, place blocks in Jell-O Egg Mold & close. For Squares, place blocks in 9x13 pan & for slices, place blocks in loaf pan.
- Mix 2 envelopes of gelatin with 1/2 cup cold water until gelatin "blooms". Then add 1 1/2 cups boiling water and let gelatin dissolve. Add can of condensed milk. Cool. After cooled, pour milk into top hole of Eggs or over blocks in 9x13 pan. Chill at least 3 hours, preferably overnight.
- Slice the Jell-O into blocks, cubes or remove eggs from mold & enjoy!





SPECIALS

Starbucks Frappuccino



FROM 3.79 AWG

3.49 Awg.

Sanavi Sparkling Water Organic



FROM 3.49 AWG

2.99 Awg.

Creative Snacks Almond Cluster All Flavors

4 oz



FROM 9.99 AWG

8.99 Awg.

VitaCoco

500ml/33 cl

NOW 10% OFF



Festival Strawberry /Chocolate



NOW ONLY!

7.49 Awg.

Arizona Green Tea

1 gallon



FROM 9.99 AWG

7.99 Awg.

AH Basic Energy Drink 250 ml



FROM 1.49 AWG

0.99 Awg.

Welchs Sparkling Grape Juice

75 cl



FROM 8.99 AWG

5.99 Awg.

Zenify Drink Stress Relief Sugar Free 12 z



FROM 5.69 AWG

4.99 Awg.



EASTER SPECIALS ARE VALID TILL APRIL 3RD 2018 OR WHILE SUPPLIES LAST. ALL PRICES ARE IN FLORINS EXCLUDING TAXES.

**Polar Seltzer
Raspb Lime**
1 L



FROM 2.45 AWG

1.99
Avg.

**Polar Tonic
Water**
1 L



FROM 2.45 AWG

1.99
Avg.

Polar Ginger Ale
1 L



FROM 2.65 AWG

1.99
Avg.

**Campbells Chicken
Noodle**
10 oz



FROM 3.14 AWG

3.49
Avg.

**Campbells Cream
of Chicken**
10 oz



FROM 3.89 AWG

3.49
Avg.

**Campbells R&W Cream
of Mushroom**
10 oz



FROM 3.89 AWG

3.49
Avg.

**Heinz Sandwich
Spread Naturel**
450 gr



FROM 7.79 AWG

5.99
Avg.

**Del Sur
Evaporated
Milk** 12 oz



FROM 2.49 AWG

1.69
Avg.

**Starkist Chunk Lt
Tuna/Water**
5 oz



FROM 3.29 AWG

2.99
Avg.



AH Krokante Muesli
All flavors 500 gr



FROM 6.99 AWG
5.99
Awg.

Doritos
Cheese
16 z



NEW!!

NOW ONLY!
8.50
Awg.

Ah kaas/zout stengels



NOW ONLY!
1.99
Awg.

Wasa Knackerbrood
Goudbruin, sesam
250 gr



NOW ONLY!
3.99
Awg.

AH Mini Friet
Paprika/Naturel
100 gr



FROM 1.99 AWG
1.39
Awg.

Ribbel Chips
nat/paprika
200 gr



FROM 3.49 AWG
2.99
Awg.

Maitre Pralines Mix
180 gr



NOW ONLY!
5.99
Awg.

AH Bsc Milk Choco
100 gr



2 FOR

FROM 2.99 AWG
2.49
Awg.

Valu Foam Plate
30 ct



NOW ONLY!
1.99
Awg.



Lipton ice tea
(green/lemon/peach)
1.5 L



FROM 4.99 AWG

4.49
Awg.

Unox Soep Zakken

570 ml



FROM 11.49 AWG

9.99
Awg.

Pringles
Original



FROM 4.20 AWG

3.49
Awg.

AH Bsc Afwasmiddel
Ultra
1 L



FROM 4.29 AWG

3.49
Awg.

AH Olijf Olie
Xtra
Virgin
500 ml



FROM 10.99 AWG

8.49
Awg.

AH Olijf Olie
500 ml



FROM 9.39 AWG

7.49
Awg.

Pepperidge Farm
Goldfish Cheddar



FROM 5.99AWG

4.99
Awg.

IGA Mustard Sqz
9 oz



FROM 2.39 AWG

1.99
Awg.

Heinz Picnic Pk
with Mayo 3Pk
37.5 oz



FROM 15.99 AWG

13.99
Awg.





SEAFOOD SPECIALS

Fish Cutlet per 500 gr



FROM 14.79 AWG

12.49
Avg.

Fish Kebab



2 FOR

FROM 18.50 AWG

15.99
Avg.

Salmon Fillet in Dill Sauce
per 500 gr



FROM 24.39 AWG

21.99
Avg.



EASTER SPECIALS ARE VALID TILL APRIL 3RD 2018 OR WHILE SUPPLIES LAST. ALL PRICES ARE IN FLORINS EXCLUDING TAXES.

LOCAL SPECIALITIES

Shrimps Ceviche
per 100 gr



FROM 5.79 AWG

4.99
Avg.

Calco (Conch) per 100 gr



5.99
Avg.

Cocolishi Tempura per 100 gr



3.99
Avg.

Kibbeling per 500 gr



FROM 14.79 AWG

10.99
Avg.

Octopus Salad per 100 gr



5.49
Avg.

**Grouper in Spanish
Sauce** per 500 gr



FROM 14.79 AWG

9.99
Avg.

Pisca Tempura per 100 gr



FROM 4.28 AWG

3.49
Avg.





Santa Cristina is Officially Distributed by Arion Wine Company N.V.



WHAT'S IN YOUR
easter egg?

LA CREMA



La Crema is Officially Distributed by Arion Wine Company N.V.



BAKERY SPECIALS

Easter Cream Cake



NEW!!

FROM 29.99 AWG

24.99
Awg.

Tompouce



3 FOR

FROM 8.89 AWG

7.49
Awg.

Saucijzenbroodje



FROM 2.79 AWG

1.99
Awg.

Pineapple Cake



FROM 8.39 AWG

7.49
Awg.

Dinner Rolls 10-pack



FROM 3.99 AWG

2.99
Awg.

Made fresh in our own bakery



EASTER SPECIALS ARE VALID TILL APRIL 3RD 2018 OR WHILE SUPPLIES LAST. ALL PRICES ARE IN FLORINS EXCLUDING TAXES.



IT'S BBQ TIME

Hamburger per 100 g

**BUY 3
GET
1 FREE**



Chicken Burger per 500 g

FROM 7.14 AWG

5.99
Awg.



EASTER SPECIALS ARE VALID TILL APRIL 3RD 2018 OR WHILE SUPPLIES LAST. ALL PRICES ARE IN FLORINS EXCLUDING TAXES.

Chicken Sausage per 500 g

FROM 7.45 AWG

6.75
Avg.



Loin Ribs per 500 g

FROM 6.95 AWG

5.99
Avg.



Chicken Legs per 500 g

FROM 4.59 AWG

2.99
Avg.



Flank Steak per 500 g

FROM 19.95 AWG

17.95
Avg.



US Striploin per 500 g

FROM 19.97 AWG

17.95
Avg.



Whole Chicken per piece

FROM 8.39 AWG

6.99
Avg.



Chicken Sate
per 500 g

FROM 7.14 AWG

6.49
Awg.



Pork Sate
per 500 g

FROM 9.14 AWG

7.99
Awg.



EASTER SPECIALS ARE VALID TILL APRIL 3RD 2018 OR WHILE SUPPLIES LAST. ALL PRICES ARE IN FLORINS EXCLUDING TAXES.

**PERFECT
CAMPING
SIZE**

160z

Doritos

NACHO
CHEESE

REGULAR PRICE:
~~AFL. 9.76~~

PROMOTIONAL PRICE:
AFL. 8.50

SAVE: 1.26 AWG



Dulzino Happy Easter



 ArubaTradingCompany



OFFICIAL DISTRIBUTOR
DRINK RESPONSIBLY



DELI & CHEESE

Mix Cheese Platter



NOW ONLY!
12.99
Avg.

Jalapeño Cheese per 100 g



FROM 3 AWG
2.49
Avg.

Baby Gouda 400 g



FROM 15.10 AWG
13.49
Avg.

Honey Maple Turkey per 100 g



FROM 3.85 AWG
2.99
Avg.

Black Forest Ham per 100 g



FROM 3.45 AWG
2.49
Avg.



FRESH JUICE & COFFEE CORNER

Smoothies to go



FROM 6.99 AWG

6.49
Avg.

Coconut Frappe



FROM 7.99 AWG

6.99
Avg.

Carrot Juice

FROM 5.68 AWG

4.99
Avg.



Tuna Wrap



FROM 9.99 AWG

8.99
Avg.

Fish Burger Sandwich "Seasonal Special"



NOW ONLY!

6.99
Avg.





LIQUOR SPECIALS

Budweiser Beer 24
7 oz



FROM 58.49 AWG
55.99
Avg.

Presidente Beer 24
8.5 oz



FROM 65.99 AWG
56.99
Avg.

Balashi Beer 24
22 cl



FROM 57.99 AWG
54.99
Avg.

Master of Mixes Buckets



ALL 20% OFF

Malibu Liquor
1L



FROM 56.25 AWG
49.99
Awg.

Carlo Rossi Sangria
1.5 L



FROM 22.49 AWG
19.99
Awg.

Absolut Vodka
1L



FROM 50.49 AWG
47.99
Awg.

Old Parr Whisky
75 cl



FROM 62.99 AWG
59.99
Awg.

Maipo Dulzino Wines
75 cl



NOW ONLY!
10.99
Awg.

Moët & Chandon
Imperial Ice
75 cl



NOW ONLY!
89.99
Awg.

Ponche Caribe
75 cl



NOW ONLY!
17.99
Awg.

Lolea Sangria Red
75 cl



FROM 26.20 AWG
24.99
Awg.

Master of Mixes



ALL 10% OFF

HOW WE
HOLIDAY

SUMMER IS JUST A SIP AWAY



SIP EASY: ENJOY MALIBU RESPONSIBLY.

MALIBU® Caribbean Rum With Coconut Liqueur, 35% Alc./Vol. (70 Proof) ©2018 Pernod Ricard USA, Purchase, NY 18200F54131522

CHOCOLATES & CANDIES



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FROZEN

Mora Rundvleeskroket
4 CT



NOW ONLY!
4.49 Awg.

AH Snackbar Frikandellen
16 CT



FROM 9.19 AWG
6.99 Awg.

AH Chicken Wings
750 gr



FROM 9.99 AWG
6.99 Awg.

Panamei Calamari Rings
1 Lb



FROM 10.99 AWG
8.99 Awg.

Panamei Seafood Mix
1 Lb



FROM 9.79 AWG
7.90 Awg.



EASTER SPECIALS ARE VALID TILL APRIL 3RD 2018 OR WHILE SUPPLIES LAST. ALL PRICES ARE IN FLORINS EXCLUDING TAXES.

**BUY YOUR CASE & GET
YOUR LIMITED EDITION
CORONA CHAIR**



THIS IS LIVING

SHOW RECEIPT AT CUSTOMER SERVICE DESK

*VALID WHILE STOCK LASTS

DRINK RESPONSIBLY



CUARESMA (LENT) FRIDAY

SPECIAL LUNCH MENU

Seafood Soup

Paella Valenciana

Bacalao Creole

Grouper Fillet in Lemon & Garlic Butter

Fried Red Snapper

EVERY FRIDAY FISH TO GO MEAL

AVAILABLE FOR ONLY 10.50^{AWG}

Meal includes fish fillet or shrimp, rice or pasta, salad

TO GO ROASTED CHICKEN

AVAILABLE EVERY DAY FOR ONLY 9.89^{AWG}



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CATERING SPECIALS

Fruit Platters



Veggie Platters



Bakery



Deviled Eggs



Soesjes Platters



Cheese Platters



Wraps & Sandwiches



Hot Meals



To order or for inquiries
Please call 5212370 or email lniebles@lingiga.com

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Fresh
2GO



WEEKLY
FRESH TO GO
FOR ONLY
AWG. 9.99
5pm-9pm



**Caesar
Salad**

+ LE BLUE WATER 10oz

Monday



**Roasted
Chicken**

+ COKE 20oz

Tuesday



**Pepperoni
Pizza**

+ COKE 20oz

Wednesday



**10 Piece
Chicken
Wings**

+ COKE 20oz

Thursday



**California Roll
Dragon Roll**
For Only AWG.9.99

Friday



**Pasta
Alfredo**

Saturday